

-Personal Social and Emotional Development

-Try some "Rainbow of Confidence" yoga with Jaime from Cosmic Kids

<https://www.youtube.com/watch?v=CYQJdn8gapw>

-Read or watch the story of "The Rainbow Fish" and discuss the actions of the Rainbow Fish (see right). How did he make the blue fish feel when he wouldn't share his shiny scales? How does the Rainbow Fish feel when no one will look at him? How did he feel at the end of the story when he had shared his scales?

-What kind of things do you share with other people? How does it make you and other people feel when you share something? What makes you feel happy?

Communication and Language

-**New language:** Rainbow, sun, rain, red, yellow, pink, green, purple, orange, blue, indigo, violet; shiny, shimmer, glittering, scales, share, friends, fish, octopus, beauty, proud, lonely, angry, happy
-Clap out syllables (beats) in the key vocabulary words above and count the claps.
-Listen carefully to and follow instructions for some of the activities eg making rainbow cupcakes, making a bubble snake

Physical Development

-Exercise and learn the colours of the rainbow with Jack Hartmann:
https://www.youtube.com/watch?time_continue=90&v=TsD3yuCRnjw&feature=emb_logo
-Make your own sensory rainbow rice to explore: put dry rice/ tapioca pearls into a plastic bag, add some food colouring/ kids paint and shake up. Spread on a tray to dry. Repeat with different colours. (See below for pic)
-Try to find items as fast as you can on the Rainbow Scavenger Hunt (see below)
-Make some "Colour Surprise Play Dough"- with the colour hidden inside. Use your dough to make a rainbow, instructions here:
<http://playcreateexplore.blogspot.com/2013/03/color-surprise-play-dough.html?m=1>
-Try the Rainbow Fish playdough activity- use your finger to add sequins as shimmering scales to your play dough fish
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Literacy

-Share the story "The Rainbow Fish" by Marcus Pfister or watch the online story version- can you predict what will happen at the end of the story?
<https://www.youtube.com/watch?v=r9mryuEKKKc>
<https://www.twinkl.co.uk/resource/simple-sentence-writing-prompt-pictures-activity-to-support-teaching-on-the-rainbow-fish-activity-t-l-527693>
-Print and sequence the pictures to retell the Rainbow Fish story:
<https://www.twinkl.co.uk/resource/t-t-1293-the-rainbow-fish-story-sequencing-4-per-a4>
-Print out the Rainbow Fish sentence starters, can you finish the sentences
<https://www.twinkl.co.uk/resource/simple-sentence-writing-prompt-pictures-activity-to-support-teaching-on-the-rainbow-fish-activity-t-l-527693>
-Do a book review for "The Rainbow Fish" using the template:
<https://www.twinkl.co.uk/resource/t-l-984-the-rainbow-fish-book-review-writing-frames>
-Use a dry paintbrush in a tray of your rainbow rice to make letters (see photo below)

Summer Adventures: Rainbows and "The Rainbow Fish"

Online links to support learning:

-Join Twinkl for printables for free as a parent, Code: CVDTWINKLHELPS
<https://www.twinkl.co.uk/home-learning-hub>

Expressive Arts and Design

- Try Hardwick Park's Rainbow Tree challenge (see below)
- Try rainbow stick painting (see pic below)
- Make your own Rainbow Fish using an old CD/ DVD (see photo below)- why not hang it up and see the rainbow shine
- Learn to sing the Rainbow Fish song (see below)
- Learn to sing the nursery rhyme "I Can Sing a Rainbow"
<https://www.bbc.co.uk/teach/school-radio/nursery-rhymes-i-can-sing-a-rainbow/zn3tqp3>
- Make your own rainbow sensory bottle musical shaker, with a plastic bottle and colour loose parts inside (see photo below)
- Make a foil Rainbow Fish- decorating a cut out foil fish with permanent pens
- Listen to a choir singing "Somewhere Over the Rainbow"- how does it make you feel? (You might hear Mrs Craig's sister-in-law singing)
<https://www.youtube.com/watch?v=TUwszyP9VVs>

Understanding the World

- Try a Wow Science rainbow experiment: Grow a Rainbow or Traveling Rainbow using kitchen roll, water and food colouring/ felt tips
<https://wowscience.co.uk/create-a-rainbow/>
- Explore the rainbows on the back of CDs and paint the rainbows from the experiment here: <https://thepinterestedparent.com/2017/02/make-explore-paint-rainbows/?sf=wxxkwxj>
- Try making ice paints in the colour of rainbows and explore painting with them. What happens to the ice paint as you use it?
<https://www.growingajeweledrose.com/2012/07/summer-fun-ice-painting.html?m=1>
- Make a rainbow eruption- (see photo below for instructions)
- On a walk outside or in your garden, can you find natural objects like leaves and petals to match the colours in the rainbow? (see below for photo)
- Blow bubbles or use a bubble machine- can you spot a rainbow in the bubbles?
- Make a rainbow bubble snake from the link below using a plastic bottle, old sock, washing up liquid (dish soap) and food colouring
<http://www.housingaforest.com/rainbow-bubble-snakes/>

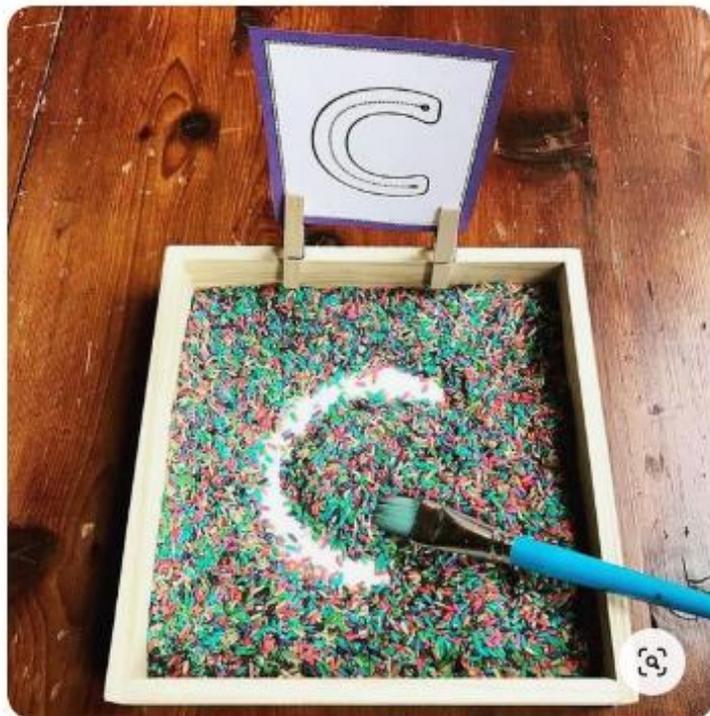
Mathematics

- Make a symmetrical rainbow, using a mirror and coloured Skittles sweets or Smarties- make half a rainbow arch with your sweets, use a hand mirror to create the half of the arch.
- Listen to the number rhyme "7 Colours of the Rainbow"- draw or paint your own rainbow with 7 different colours.
<https://www.youtube.com/watch?v=NfeZXQbkRYk>
- Nursery try the printable Rainbow Fish counting activity:
<https://www.twinkl.co.uk/resource/t-n-852-rainbow-fish-themed-scales-counting-worksheet>
- Reception try the printable Rainbow Fish addition activity:
<https://www.twinkl.co.uk/resource/t-t-6464-the-rainbow-fish-addition-sheet>
- Make easy rainbow cupcakes following the recipe with an adult. Use real life maths to measure and weigh ingredients:
<https://www.goodtoknow.co.uk/recipes/easy-rainbow-cupcakes>
- Make a number rainbow with lift the flap numbers from 1 to 10 (see photo below)
- Reception- explore using a number rainbow to find the number bonds to ten. (see photo below)

RAINBOW RICE



THEBESTIDEASFORKIDS.COM



PLAY DOUGH ACTIVITY





Hardwick
Park

Have a go at home

Rainbow Tree



You will need:

- Paper
- A rainbow of colours e.g.
Coloured pencils or felt tips
Paint, watercolours or inks
Tissue paper, crepe paper or
coloured paper
- Sponges, paint brushes, cotton
buds
- Glue and Scissors



Have a go:

- Draw a tree trunk and branches
or print one from the internet
- Add leaves to make a rainbow.
- Let your imagination run wild.
What is the most creative way
you think of to decorate your
tree? What about sponge
painting, pointillism or collage?

RAINBOW SCAVENGER HUNT

primary playground

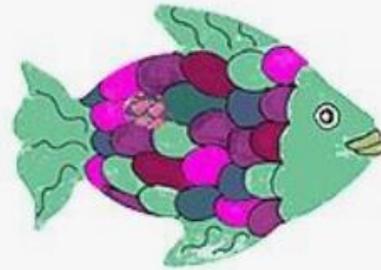
- 🌈 Find something red.
- 🌈 Find something yellow.
- 🌈 Find something orange.
- 🌈 Find something green.
- 🌈 Find something blue.
- 🌈 Find something purple.
- 🌈 Name a fruit that is red.
- 🌈 Name an animal that is yellow.
- 🌈 Name a vegetable that is orange.
- 🌈 Name a plant that is green.
- 🌈 Name a flower that is purple.
- 🌈 Name something outside that is blue.





Rainbow Fish ... (Tune: Frere Jacques)

Rainbow fish, rainbow fish,
In the sea, in the sea,
A-splishing and a-splashing,
A-splishing and a-splashing,
Look at me, look at me.

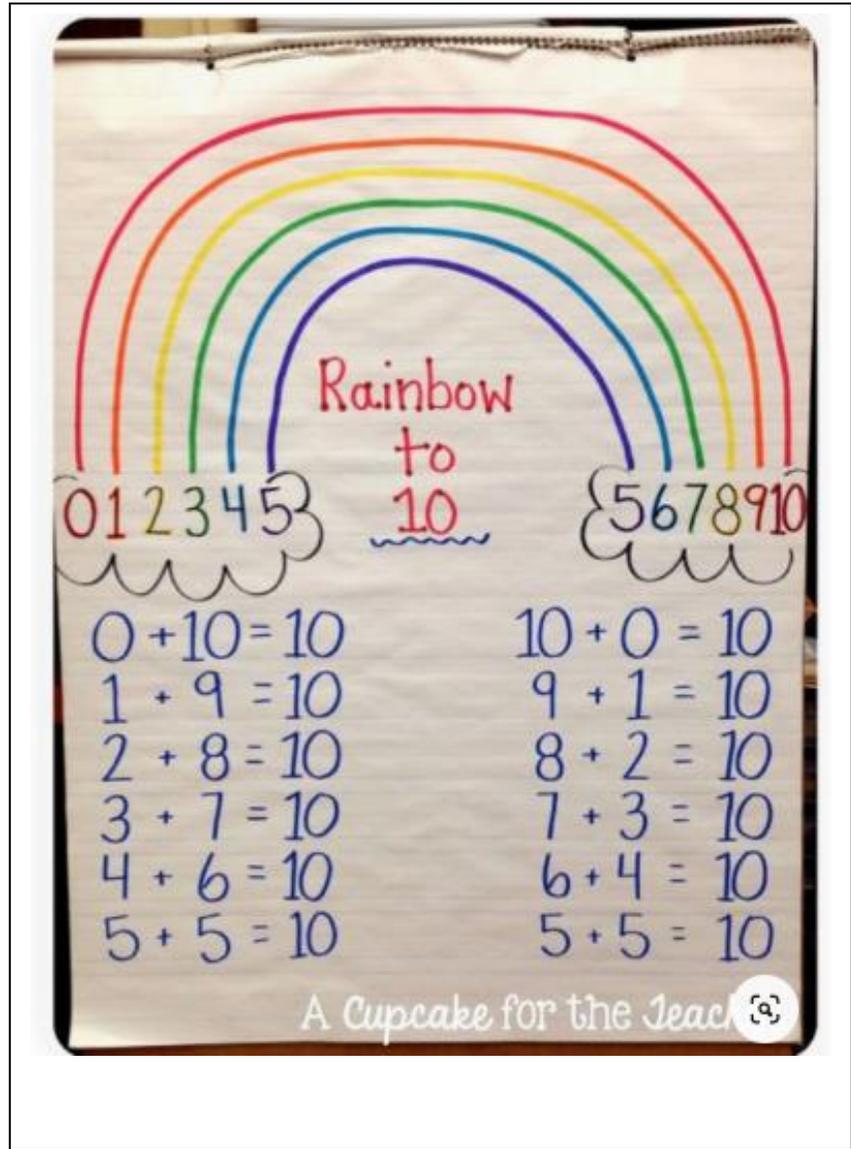


RAINBOW Sensory Bottles



Musical Shakers





6. A rainbow eruption

The EYFS science experiment: Rainbow Eruption by Learn, Play, Imagine

In a nutshell: Much like the typical volcano experiments high school students do, this one is riveting because it delivers such a visual and exciting reaction. It demonstrates how substances, like vinegar, can change in colour, texture, and form when they are mixed with other compounds like baking soda and fizzy drinks.

What you need:

- Paper cups
- Different shades of food colouring
- Baking soda
- Vinegar

How you do it: Rainbow colours are always fun, so start by lining up a few paper cups, each with its own food colouring – red, yellow, green, blue and a mixture of red and blue (to make purple). Add a scoop of baking soda and then pour in a little vinegar. There you have it – it's magic (or science)!

